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CLAIMS

1. A method for remotely monitoring the health of a patient, said method comprising:

using a remotely located data collection device, prompting a remotely located user to place a plurality of electrodes connected to said data collection device in predetermined locations on the user's body;

causing said data collection device to read electrical data from the patient's body using said electrodes,

transmitting said electrical data to a central location; and
evaluating said electrical data at said central location to make a determination as
to the health of the patient.

- 2. The method of claim 1 wherein said electrical data corresponds to ECG data.
- 3. The method of claim 1 wherein said plurality of electrodes comprises three electrodes.
 - 4. The method of claim 1 wherein said data collection device is a hand-held device and said plurality of electrodes are in predetermined locations on the surface of said hand-held device.
- 5. The method of claim 1 further comprising the step of transmitting evaluation data from said central location to said data collection device to provide feedback to the patient.

- 6. The method of claim 1 wherein said data collection device comprises a display to display information to the patient.
- 7. The method of claim 1 further comprising the steps of:

 receiving, at said data collection device, data obtained from a measuring

 device, and

 transmitting said received data to the central location.
 - 8. The method according to claim 7 wherein the data collection device is a blood pressure measurement device.